

Complete Release And Waiver Form

THIS ENTRY CONTAINS A RELEASE AND WAIVER:

SIGNING IT DOES AWAY WITH ANY CLAIM FOR INJURY OR DAMAGE: To participate in the Run 3K RACE, FAMILY FUN WALK and KIDS FUN RUN, on JUNE 4, 2011, in ROCKFORD, IL. I accept all rules, conditions and regulations and will comply with them.

Minor applicants will be accepted only with parent or guardian's signature.

I am aware that a run of 3 kilometers may be extremely difficult and hazardous for even well-conditioned athletes under the most favorable conditions. While the temperature during this time of day is usually comfortable for running, I am aware of the risk of adverse weather conditions. I understand that I should not participate in this event unless: (1) I am in excellent physical condition, (2) I have trained properly for this event, and (3) I have no medical condition that could likely be worsened by vigorous physical activity.

Knowing these facts, in consideration of your accepting my entry, and in reliance upon the information submitted herein by me, I hereby for myself, my heirs, executors, and administrators, waive, release, discharge and covenant NOT TO SUE any of the sponsors, all race officials and volunteers, the City of Rockford, Rockford Park District, Rockford Metro Centre, Rockford Road Runners, and Road Runners Club of America, all medical personnel assisting in this Run, or any of them and any persons connected with this event, their employees, representatives, successors and assigns, from any claims or liability for death or for damages for any and all injuries to me or my property, arising out of or in connection with my participation in this event. The Release extends to all claims of every kind and nature whatsoever, whether foreseen or unforeseen, known or unknown.

Finally, I hereby grant by irrevocable permission to sponsor and/or organizer and its authorized agents, to use my name and any photographs, video tapes, motion pictures, recordings, or any other record of my participation in this event for any purpose.

Race officials reserve the right to remove those persons who appear to have medical problems during the race.

SIGNATURE

DATE

PARENT/GUARDIAN, IF UNDER 18

911 Run
Saturday, June 4, 2011

3K Race & Non-competitive Family Walk

- Certified Course Accurately Measured
- \$20.00 Entry Fee
- 8:00am Start
- Only Registered Participants Allowed on Course; No Strollers, Rollerblades, Dogs, Bikes, etc.

Sponsors



SAINT ANTHONY MEDICAL CENTER

2011 Exclusive Race Shirt Sponsor



runner's image



7th Annual
911 Run

Free Breakfast
Certified Course
Technical Shirt

Saturday, June 4, 2011

3K Race - 8:00am Start

Family Walk - After Race

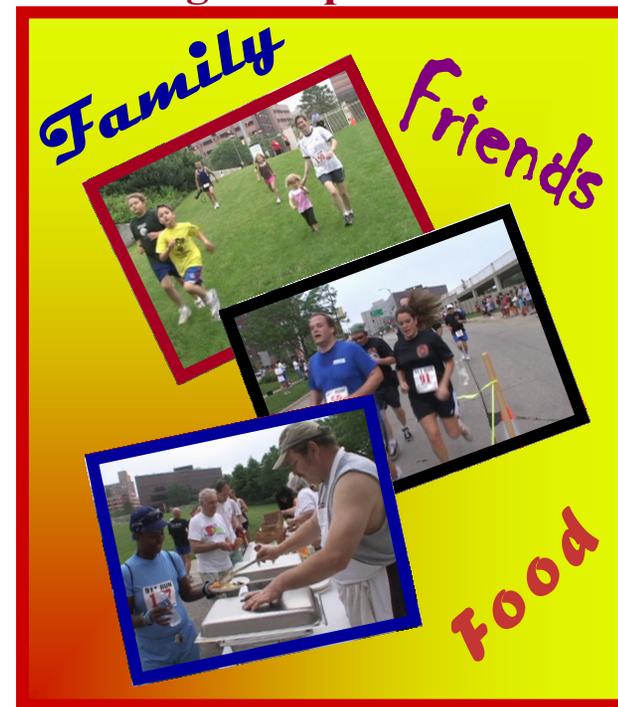
Free Kids Fun Run - After Walk

Davis Memorial Park

320 South Wyman Street, Rockford, IL

Online Registration

www.signmeup.com/911run



OSF
SAINT ANTHONY
MEDICAL CENTER

PROCEEDS BENEFIT
The Fire & Police Chaplains
Division and the Rockford
Fire Department Division of
Fire Prevention Public
Education Programs

