

Complete Release And Waiver Form

THIS ENTRY CONTAINS A RELEASE AND WAIVER:

SIGNING IT DOES AWAY WITH ANY CLAIM FOR INJURY OR DAMAGE: To participate in the Run 3K RACE, FAMILY FUN WALK and KIDS FUN RUN, on JUNE 7th, 2014, in ROCKFORD, IL. I accept all rules, conditions and regulations and will comply with them.

Minor applicants will be accepted only with parent or guardian's signature.

I am aware that a run of 3 kilometers may be extremely difficult and hazardous for even well-conditioned athletes under the most favorable conditions. While the temperature during this time of day is usually comfortable for running, I am aware of the risk of adverse weather conditions. I understand that I should not participate in this event unless: (1) I am in excellent physical condition, (2) I have trained properly for this event, and (3) I have no medical condition that could likely be worsened by vigorous physical activity.

Knowing these facts, in consideration of your accepting my entry, and in reliance upon the information submitted herein by me, I hereby for myself, my heirs, executors, and administrators, waive, release, discharge and covenant NOT TO SUE any of the sponsors, all race officials and volunteers, the City of Rockford, Rockford Park District, BMO Harris Bank, Rockford Road Runners, and Road Runners Club of America, all medical personnel assisting in this Run, or any of them and any persons connected with this event, their employees, representatives, successors and assigns, from any claims or liability for death or for damages for any and all injuries to me or my property, arising out of or in connection with my participation in this event. The Release extends to all claims of every kind and nature whatsoever, whether foreseen or unforeseen, known or unknown.

Finally, I hereby grant by irrevocable permission to sponsor and/or organizer and its authorized agents, to use my name and any photographs, video, motion pictures, recordings, or any other record of my participation in this event for any purpose.

Race officials reserve the right to remove those persons who appear to have medical problems during the race.

SIGNATURE

DATE

PARENT/GUARDIAN, IF UNDER 18

Information

- Only Registered Participants Allowed on Course; No Strollers, Rollerblades, Dogs or Bikes

Exclusive Race Shirt Sponsor



SAINT ANTHONY MEDICAL CENTER



runner's image



SWEDISH AMERICAN
HEALTH SYSTEM
www.swedishamerican.org



911-3K RUN

*Shirt and
Breakfast
included*

Saturday, June 7th, 2014
3K Race - 8:00am Start

Free Kids Fun Run
Davis Memorial Park
320 South Wyman Street
Rockford, IL

Online Registration
www.signmeup.com/911run



PROCEEDS BENEFIT

The Fire & Police Chaplains Division
and the Rockford Fire Departments
Public Education Program

REGISTRATION FORM

Complete and Mail Form to:

911 RUN
 Rockford Fire Department
 204 South First Street
 Rockford, IL 61104

NAME : _____

PLEASE PRINT

ADDRESS: _____

CITY: _____

STATE: _____ ZIP: _____

MALE _____ FEMALE _____

TELEPHONE: _____

E-MAIL: _____

AGE (As of June 7, 2014) _____ DOB: _____

PRINT PARENTS NAME IF A MINOR

**POLICE-FIRE-EMS
 TEAM CHALLENGE:** \$30.00

3K RACE \$25.00

FAMILY FUN WALK \$25.00

KIDS RUN FREE

FEE ENCLOSED: \$ _____

MAKE CHECKS PAYABLE TO THE ROCKFORD FIRE DEPARTMENT

SHIRT SIZE: ___ XXL Large ___ XL Large ___ Large
 ___ Medium ___ Small

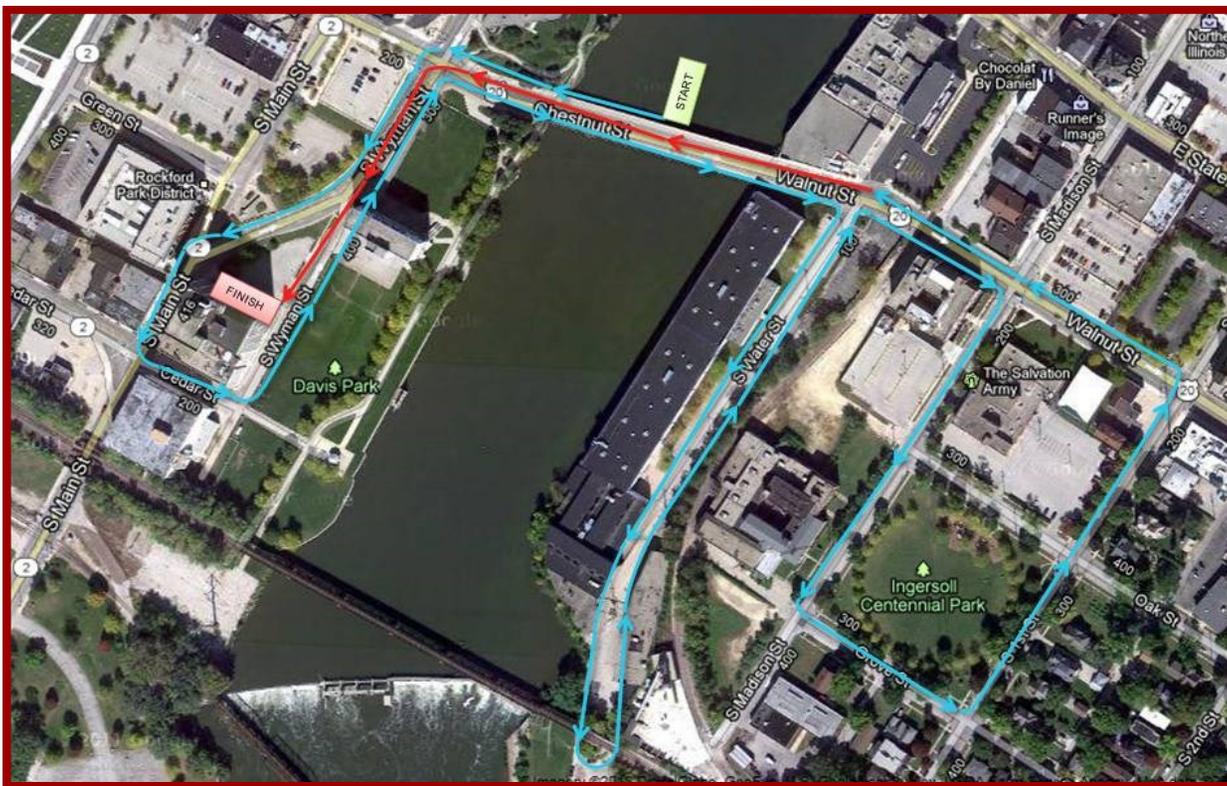
TECHNICAL SHIRT WILL NOT SHRINK (ADULT SIZES)

\$1 DISCOUNT ON
 REGISTRATION ENTRY FEE
 TO MEMBERS OF

___ Rockford Road Runners
 ___ Wildcats

**For Official
 Use Only**
 Race #: _____

PLEASE SIGN RELEASE ON OTHER SIDE



8^{am} START AT DAVIS PARK

Age Divisions

(Awards 1st Through 5th Place)

Men & Women: 6-11, 12-14, 15-19, 20-24, 25-29,
 30-34, 35-39, 40-44, 45-49, 50-54,
 55-59, 60-64, 65-69, 70-74, & 75+

Registration / Packet Pick-Up

Friday, June 6th, 2014

- Fire Department Headquarters
 (204 S. 1st St. 2nd Floor, Enter on Walnut St)
- 9:00 a.m. to 6:00 p.m.
- Entry Fee for 3K and Walk: \$25.00
- Technical shirts for the first 250 registered

Saturday, June 7, 2014

- Race Day Registration \$30.00
- 7:00 a.m. to 7:30 a.m. at Davis Park Building
- Registration Closes at 7:30 a.m.
 (No Exceptions)

Kids Fun Run-10 & Under (Free)

The Kids Run is reserved for children of those participating in the 3K or Family Fun Walk

- A Parent Must Sign Waiver
- 1/4 Mile Out
- T-Shirts to First 100 Entrants (youth sizes)
- Ribbons to all participants
- Kids Run to follow 3K Run and Family Walk

Family Fun Walk

For \$25.00 you may participate in the Family Fun Walk includes race shirt and free breakfast. Walkers will not be timed or scored.

Free Parking

- BMO Center Ramp, Church and Elm Streets
- Any public lot or street