



City of Rockford Human Services Department Head Start

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Head Start Locations

Head Start Annual Report 2009- 2010

To the Citizens of Winnebago County:

Head Start services have been provided to families in Winnebago County since 1965. In 1975, the City of Rockford received the federal award from the Department of Health and Human Services to operate Head Start in Winnebago County. Each subsequent year continuation grants have been funded to provide comprehensive education and health services to children from low-income families. Parents and caretakers are provided services, information and referrals to help to meet the needs and goals of the entire family.

In July 2009, we submitted a grant application to the Health and Human Services Department for Early Head Start funding. Early Head Start is a program that serves pregnant women and children birth to three years of age. In December of 2009 we were notified that our application was accepted. Since that time we have designed the program and hired staff.

Head Start employs 92 full and part-time staff, 25 are former or current parents. Head Start is funded to serve 591 children, ages 3-5 years old. Early Head Start serves 12 pregnant women and 80 children, ages birth to three years old. Grant funds are primarily spent in the community, through salaries, materials and services.

Eligibility for Head Start services is based on family income. The program strives to maximize a child's strengths, provide a rich learning environment and prepare children for success in their home, school and community.

Joanne Lewis, Director
City of Rockford Head Start

**Human Services Department
Administration Office**
612 N. Church Street, 61103
Early Head Start Home Base
Funded Enrollment: 84

Fairgrounds Head Start
902 Acorn Street, 61101
Funded Enrollment: 136
Home Base Option: 24

Henrietta Head Start
200 N. Johnston Ave, 61101
Funded Enrollment: 224

Orton Keyes Head Start
653 Ranger Street, 61109
Funded Enrollment: 136

**Circles of Learning,
Child Care Partner**
2909 N Main Street, 61103
Funded Enrollment: 51
Early Head Start
Funded Enrollment: 8

**Rockford Day Nursery,
Child Care Partner, 61104**
2323 S 6th Street
Funded Enrollment: 20

Head Start Program Options

Four program options are available to families:

Part-day (3.5 hours per day, four days a week)	Home-base (Home visit 1.5 hours a week)
Full-day center based (8 hours per day, five days a week, during the school year)	Full-day, full-year (Full-day, year round services, provided through a child care partner)

Early Head Start Program Options

Two program options are available to families:

Home-base (Home visit 1.5 hours a week)	Full-day, full-year (Full-day, year round services, provided through a child care partner)
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Federal Review

Effective **February 1, 2010**, the Office of Head Start acknowledged that the City of Rockford Human Services Department, Head Start is in full compliance with all applicable Head Start Performance Standards, laws, regulations and policy requirements.

Head Start
Funded Enrollment: 591
3—5 years of age

- 667- Children Served
- 618- Families Served
- 117—Two Parent Families
- 501—Single Parent Families
- 29-Homeless Families Served
- 99.5% - Average Monthly Enrollment
- 86.64% - Average Daily Attendance
- 96% - Income Eligible Children Served

Early Head Start
Funded Enrollment: 92
Birth - 3 years old and pregnant women
Services started in Rockford May 2010

- 60 - Children Served
- 50- Families Served
- 9 —Two Parent Families
- 41 —Single Parent Families
- 1-Homeless Families Served
- 4 - Pregnant Women Served
- 90% - Income Eligible Children Served



Transportation—Head Start provides door-to-door transportation for the majority of children attending part day, center based classes. All children are securely seated in safety vests.

436
 Children transported in
 2009 - 10

15
 Bus Drivers employed by
 Head Start

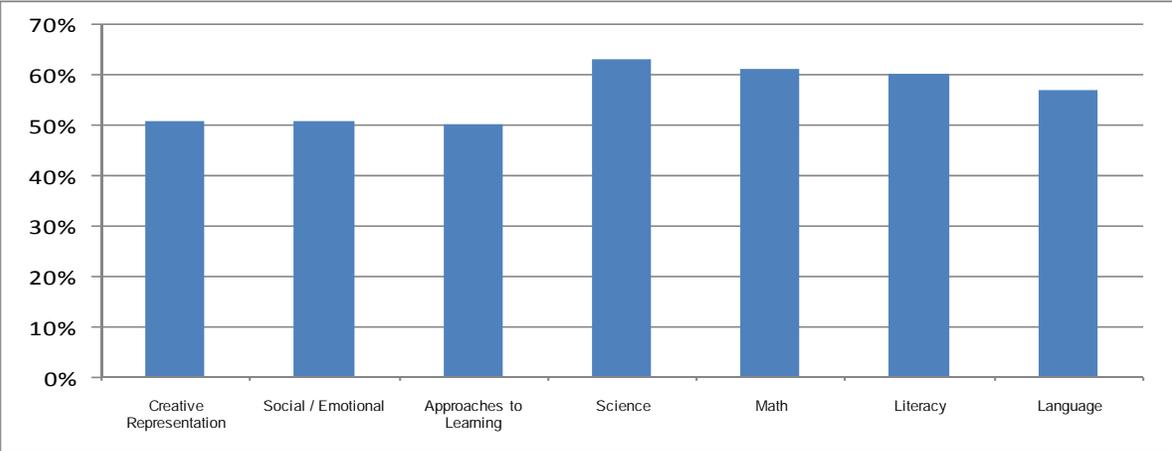
19
 Buses owned by
 Head Start

33
 Routes run each day
 Monday - Thursday



Education—Teachers serve as educators and partners with families. They focus on a child's individual development. Ongoing child assessments are shared with parents to review progress and set goals. A variety of experiences and materials promote children's development in key areas.

Child Outcomes in 2009-10 demonstrate significant progress. The grid shows the gains during the program year. Assessments are completed three times during the school year: November, February and May.



We partner with many community organizations to enrich our children's educational experiences. These include Discovery Center Museum, Burpee Museum of Natural History, University of Illinois Extension, Rockford Park District, Rockford Public Library and the Music Academy of Rockford College.

Services for Children with Special Needs (IEP/IFSP)

.07% (48) Enrollment of children with disabilities.

Forty-two (42) children enrolled in Head Start have an Individualized Education Plan (IEP), indicating they have been determined eligible by the Lead Education Agency (LEA) to receive special education and related services.

Six (6) children enrolled in EHS have an Individualized Family Service Plan (IFSP), indicating they have been determined eligible for services under the individuals with Disabilities Education Act.

Health Services—Children must be healthy to grow and learn. Head Start works with each family to provide medical and dental services, immunizations and other health assessments.

With support during the 2009-10 school year:

In Head Start:

- 99% of enrolled children had an ongoing source of continuous and accessible, routine, preventive and acute medical care.
- 90% of children were determined by a health professional to be up-to-date on all immunizations appropriate for their age.
- 94% of children had an ongoing source of continuous and accessible, routine, preventive and acute dental care.
- 92% of children completed a professional dental exam during the operating period or within the last 12 months.

In Early Head Start:

- 92% of enrolled children had an ongoing source of continuous and accessible, routine, preventive and acute medical care.
- 80% of children were determined by a health professional to be up-to-date on all immunizations appropriate for their age.
- 42% of children had an ongoing source of continuous and accessible, routine, preventive and acute dental care.
- 88% of children were up-to-date on a schedule of age-appropriate preventive and primary oral health care.

* Note—children were enrolled for fewer than three months.

Whoa, Slow & Go—Head Start applied for and received a nutrition grant from the Illinois Department of Public Health. The purpose of the grant is to give families and children information about the benefits of healthy eating and activity. The grant award is \$20,000 for a two-year period.

At the end of the school year each child received a playground ball with their name written on it and an activity calendar. The playground balls were chosen for summer fun and to encourage physical activity. The calendar offered activity ideas and a place to log completed activities over the summer. The calendar also listed the “Go, Slow and Whoa” plan for making healthy food choices along with tips on how to buy fresh fruits and vegetables in season.

Parent Involvement

Head Start parents:

- Participate in their child’s education and development
- Make decisions and offer suggestions that will contribute to program quality
- Volunteer in the classroom and on field trips
- Develop their skills as their child’s first and most important teacher and advocate

Additional opportunities are available to all parents:

Policy Council is an elected body of parents and community representatives who participate in all important decisions affecting the program. Parent participants are elected at the site or program options and make up the majority of the membership.

Parent Committees are organized at the site level, the committee keeps parents informed about activities and makes recommendations for program plans.

Family Partnerships identify and support the interests, goals, needs and strengths of the family.

Parent education and training is provided at the site level and through community resources. Topics include family literacy, health, child development and self-sufficiency. 27 parent education events were held during the program year and 328 parents participated.

Family Fun Nights are held regularly at the site level. Family-centered events are fun and informative. All members of the family are welcome to participate. 20 Family Fun Nights were held in 2009-10 and 2640 children and families participated in the events.

Social Services—Family Resource Workers and Home Visitor Teachers support families' goals and needs. Families make their own decisions concerning resources they choose to utilize and options they choose to exercise. In some cases, support is provided to families in crisis.

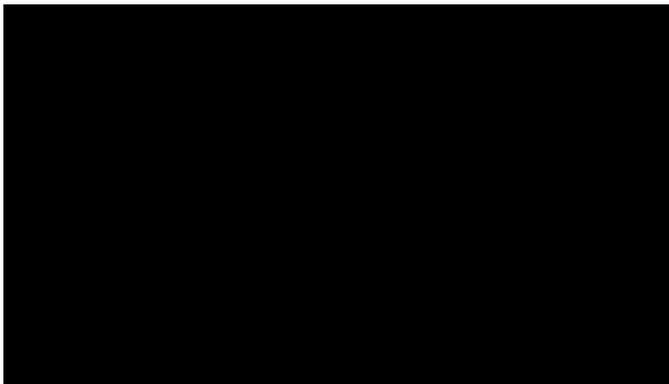
Total number of families receiving some level of services 462 (69%).

	Head Start	Early Head Start		Head Start	Early Head Start
Emergency/crisis intervention (addressing immediate need for food, clothing or shelter):	179	13	Adult education (GED programs, college selection, etc)	121	6
Mental Health Services	16	2	Domestic violence services	7	0
Marriage education services	12	0	Child support assistance	15	1
Housing assistance (subsidies, utilities, repair, etc)	71	5	Health education	74	8
English as a Second Language (ESL) training	80	2	Assistance to families of incarcerated individuals	1	0
Child Abuse and Neglect services	5	0	Parenting education	68	4
Job training	45	2	Substance abuse prevention or treatments	2	0

**2010—2011- Head Start
Projected Budget
Total \$5,000,616**

Funding Sources

96% - U.S. Department of Health & Human Services
3% - USDA via State Board of Education
1% Miscellaneous



**2010—2011 Early Head Start
Projected Budget
Total \$1,149,057**

Funding Sources

100% U.S. Department of Health and Human Services
ARRA



Audit—Lauterbach & Amen conducted the annual financial audit for the year ending December 31, 2009. City of Rockford is in compliance with the requirements described in the U.S. Office of Management Budget (OMB) Circular A-133. There were no findings specific to the Head Start program.